

Basketball League Local Rules:

PSA will follow National Federation of State High School Association rules along with additions below.

5-6-Years-Old – 7-minute quarters with running clock – 6.6 feet Goal Height – 27.5” Basketball
7-8-Years-Old – 8-minute quarters with running clock – 8 feet Goal Height – 28.5” Basketball
9-10-Years-Old (G) – 8-minute quarters with running clock – 9-feet Goal Height – 28.5” Basketball
9-10-Years-Old (B) – 8-minute quarters with running clock – 10-feet Goal Height – 28.5” Basketball
11-14-Years-Old (G) – 8-minute quarters with running clock – 10-feet Goal Height – 28.5” Basketball
11-14-Years-Old (B) – 8-minute quarters with running clock – 10-feet Goal Height – 29.5” Basketball
14-18-Years-Old (B) – 8-minute quarters with running clock – 10-feet Goal Height – 29.5” Basketball

All Division Rules:

1. Games will consist of four 8-minute quarters with a 3-minute half time (5-6-Years-Old will have 7-minute quarters). Clock will continue to run except for the last 2 minutes of the fourth quarter. During running clock, clock will only stop for timeouts, free throws, and injuries.
2. A team must have at least 4 players to play a game (except 5-6-Year-Olds), or it will be a forfeit.
3. A forfeited game will result in a loss with a score of 10 to 0.
4. A game will be played with equal players on the court from both teams.
5. No player will sit out an entire half.
6. Each team has 2 timeouts (1 minute) per half. They do not carry over.
7. Overtime: 2 minutes with 1 timeout. If the game is still tied after the first overtime. **Sudden death:** Each coach will pick a player to shoot free throws, until one team makes and the other miss
8. The score may not be added on the scoreboard during the 4th Quarter if a team is leading by 15 points or more. The points will be kept in the official game book.
9. Jump Balls: In all leagues, the only jump balls will be at the beginning of the game and the beginning of all overtime periods and sudden death. For all

other jump ball situations, alternate possession will be used including the start of quarters and the second half.

10. If a player quickly advances the ball towards his goal, the opposing team may defend at any time.
11. If the ball is being thrown in around half court, the opposing team can defend (Team does not have to wait behind 3 pt. line)
12. Two Technical Fouls in a game from a player or a coach will result in ejection from that game.
13. A call of a flagrant foul by an official will result in immediate ejection of that player. After the second time this happens, this will result in a one game suspension.
14. All players must be in complete uniform with shirts tucked in or they must sit out of the game. The full uniform consists of a jersey and any color shorts the team agrees to.
15. Players cannot have jewelry, gum, or food during the game.
16. Clean up trash around your bench after each game.
17. Keep up with the number of basketballs taken out for practice and make sure that they are returned at the end of your practice.
18. End of Season tournaments will be Pool Play into a single elimination tournament. Other rules will be put out before this tournament that will change or add to these rules.

Rules By Division:

5-6-Years-Old Co-ed Division:

1. Four on Four during the games
2. No double-teaming
3. Half-Court Game
4. Defense must remain behind the free throw line

5. A missed shots and rebounded by the defensive team must return ball to the 3-point line to change possession
6. No score or officials, but coaches need to help officiate fouls. Any fouls, reset possession top of key

7-8-Years-Old Co-ed Division:

1. No double-teaming outside the 3-point line.
2. Defense must remain behind the 3-point line until the ball crosses half court.

9-10-Years-Old Girls Division:

1. Full court press is allowed during the last 2 minutes of the game unless you are up by 12 points or more the entire 4th quarter.
2. Defense must remain behind the 3-point line until the ball crosses half court, however if a player quickly advances the ball towards his goal, the opposing team may defend at any time.

9-10-Years-Old Boys Division:

1. Full court press is allowed during the last 2 minutes of the game unless you are up by 12 points or more the entire 4th quarter.
2. Defense must remain behind the 3-point line until the ball crosses half court, however if a player quickly advances the ball towards his goal, the opposing team may defend at any time.

11-14-Years-Old Girls Division:

1. Full court press is allowed during the last 2 minutes of the game unless you are up by 12 points or more the entire 4th quarter.
2. Defense can meet the ball at half court any time.

11-14-Years-Old Boys Division:

1. Full court press is allowed during the last 2 minutes of the game unless you are up by 12 points or more the entire 4th quarter.

2. Defense can meet the ball at half court any time.

14-18-Years-Old Boys Division: Regulation Basketball

1. Full court press is allowed during the entire game.
2. Defense can meet the ball at any time.